## Over the Counter Items to Avoid When Taking Warfarin (Coumadin ®)

Please note: This listing is not all-inclusive. Patients need to verify each item they use while taking Warfarin with their pharmacist and/or physician.

## Acetaminophen

Actifed® products Anacin® products Benadryl® products Chlor-Trimeton® products Coricidin® products Diurex® products Excedrin® products Midol® products Sinarest® products SineOff® products Sudefed® products

Alcohol (Beverages and Medications)

## Aspirin

Alka-Seltzer® products Bayer Select products Coricidin® products Excedrin® products Goody's® headache powders or tablets

Bismuth Subsalicylate Pepto-Bismol® products

Cimetidine Tagamet-HB® products

Ibuprofen Advil® products Excedrin® products

Bayer Select® products Motrin® products

Anacin<sup>®</sup> products

Dristan<sup>®</sup> products

Midol<sup>®</sup> products

BC® products

Methylsallicylate Ointment, Topical Ben-Gay® products

Quinine Legatrin® products

Q-Vel® products

Ranitidine Zantac-75® products

Vitamins (Especially vitamin C, vitamin E, and vitamin K)

Herbal Medications

**Dietary Supplements** (Ensure<sup>®</sup>, Sustacal<sup>®</sup>, Boost<sup>®</sup>, etc.)

Alka-Seltzer® products Bayer Select® products Bromoseltzer® Comtrex® products DayQuil® products Dristan® products Goody's® headache powders or tablets NyQuil® products Robitussin Night-Relief® products Sinutab® products TheraFlu® products

Allerest® products BC® products Bufferin® products Contac® products Dimetapp® products Drixoral® products MediFlu® products Pamprin® products SineAid® products Sominex® products Tylenol® products

Ascriptin® products Bufferin® products Ecotrin® products SineOff® products

Dimetapp® products Nuprin® products

Tonic water